

The Church of Christ @ Fremont

3361 W. State Street, Fremont, OH 43420

Sunday Bible Study *10:00 am*

Sunday Worship *10:45 am*

Wednesday Bible Study *7:00 pm*

Preachers: Sean Rizor and Melvin Monroe

7 Things to Remember During the Lord's Supper

1. One Lord – "There is one Lord" Eph. 4:5
2. Two thieves – "There were also two others, criminals, led with Him to be put to death." Lk. 23:42
3. Three crosses – Lk. 23:39-43
4. Four parts of His garments – "Then the soldiers, when they had crucified Jesus, took His garments and made four parts, to each soldier, a part, and also the tunic." Jn. 19:32
5. Five wounds – His back was scourged, head was crowned with thorns, hands and feet were pierced and side was cut opened. Jn. 19:1-2, 34; Psalm 22:16
6. Six hours of agony – He was crucified on the 3rd hour and died in the 9th hour Mk. 15:25-37
7. Seven statements spoke by Christ – Matt. 27:46; Lk. 23:34, 43-46; Jn. 19:26-30

September 27, 2026

Songs: Melvin Monroe

Lord's Supper: Melvin Monroe

Speaker: Sean Rizor

Wednesday Bible Study

Invitation: Chris Frantz

Birthdays:

19 Melvin Monroe

24 Sandra Foos

Prayer List:

Gen Stanley Nora Wiseman

Mack Stanley Tina Smith

Heidi Holub Mike Pryce

Paul Rowan Anita Montague

What Must I do to be Saved?

Learn the Truth (hear) - Jn. 8:32, 17:17; Rom 10:17

Believe in Christ – Jn. 8:24, 20:31; Heb 11:6

Repent of all sins – Lk. 13:3; Acts 17:30; Rom 2:4

Confession of Faith – Acts 17:30; Rom 10:10

Baptism – Act 2:38, 22:16

Live Faithfully – Rev 2:10

DIFFICULT MOMENTS

T. Sean Sullivan

Introduction:

Everyone experiences difficult moments in life. Sometimes those moments can seem to pile up against us. There are times when we can begin to think we have a more difficult pathway than anyone else. We can begin to think that everyone else has it so easy. But reality says that hard days are part of a normal life. An old, but true, saying: "Into every life a little rain must fall." We must be careful not to let hard days outweigh our blessings.

When we begin to feel overwhelmed and unappreciated, this life may become convinced that no one cares-no one wants to help. Part of God's will for your life is help in the time of need. God has a plan for help, for you! Let's open the Scriptures and consider the help we can receive every time we need help.

Helping Ourselves

Have you heard the saying, "God helps those who help themselves"? The first step should always be some evaluation: When we are facing difficult burdens-it is a prompt for some good introspection (2 Corinthians 13:5). We need to evaluate our direction (Matthew 7:13-14). We need to take a good look around to ensure we are still on the right path (Ephesians 5:15). Jesus specifically said that we cannot be happy trying to serve two masters (Matthew 6:24). We need to refocus and "Seek those things which are above...set your mind on things above" (Colossians 3:1-2 NKJV).

Having to help yourself doesn't mean you have to face your struggles on your own. You must help yourself by reaching out and taking what is being offered. God has a plan that will help you if you are humble enough to seek it. No matter how challenging it may be to our ego, admit your need and seek help. The sooner we come to terms with that understanding, the sooner the help can be found.

We Must Accept God's Help

We are not in a position to argue. When God provides advice, it is our place to accept and do what He says (James 1:17-25). His advice is perfectly suited to our needs (v. 17). His advice is the truth (v.18). His advice is to be listened to (v.19). His advice is to be taken into action (v.22-23).

God knows you, and He knows what you need. God knows that human problems are most often the result of poor choices; so He provides the information we need to make better ones. God's word is designed to provide: The truth (John 17:17). All things that pertain to our life (2 Peter 1:3). Essential guidance toward freedom (John 8:31-32) and eternal life beyond this life (John 6:68). God's help is also found in His willingness. He is willing to draw near to us (James 4:8). He is willing to listen (1 John 5:14-15). He is willing to increase our wisdom (James 1:5) and peace (Philippians 4:6-9). God's help is available to us at all times (Acts 17:27).

We Must Accept Our Brethren's Help

Being brethren makes us part of God's "helping plan". Never underestimate your brethren's willingness to care and help (Galatians 6:2). We all have a part in the effective working of the congregation, and that certainly includes helping each other (Ephesians 4:13-16).

When we seek help from our brethren, we should receive: Loving help (John 13:34-35). 1 Corinthians 13:3-8 is a description of brotherly love. Considerate help (Hebrews 10:24). We are to look out for one another, pay attention, and be able to detect need. Kindly affectionate help (Romans 12:9-13). Always wanting what is best for one another. Forgiving help (Ephesians 4:32). Willing to give and forgive. Help with the burdens of this life (Galatians 6:2).

When we allow ourselves to ask for help and allow our brethren to help us, we will have what we need.

Conclusion:

During difficult moments, it is easy to feel overwhelmed. These moments in life can convince us that there is no help and no hope of happiness. There is a better way to approach these times and work our way through. We must draw closer to God, focus more on His will, and lean on our brethren. These tactics will enable us to find the help God intends for us.

Sometimes we get our expectations confused, and some have determined that God needs to improve their life before they will serve Him. There is only so much help for those outside of Christ; the true daily help is in Christ, following God's will, and being an active part of this spiritual family. God's help abounds for those who have gained a relationship with Him. It is time to come to God and see what your life can become. The time is now-come to God; obey His help-filled directions toward your salvation right now.